



## BLIND WALK

**Number of players:** 2+

**Space:** Room to wander

**Materials needed:** None

**Procedure:**

Divide group into pairs and choose who will be “A” and “B.” “A” will close his or her eyes (or put on a blindfold); “B” will guide “A” on a journey around the space. [Depending on comfort levels, “B” can place one arm around “A’s” shoulders and/or hold “A’s” inside arm/wrist/hand in order to guide them physically as well as verbally.] After a set number of minutes, switch roles.

**Possible side coaching:**

B’s: “Start slowly. You are responsible for your partner’s safety.”

A’s: “Experience the space as fully as possible. What do you hear, etc.”

**Variations:**

Have “B” take “A” on a journey through an imaginary space with several invented obstacles [a forest, etc.].

**Processing points:**

- Which did you prefer—leading or being led? Why?
- What does it take to trust someone?
- What does it take to be trustworthy?

**Possible learning areas:**

Trust, cooperation, sensory awareness

**AKA:** Imaginary journey

**Source:** Traditional / Boal