**Group Emotion**

**Number of players:** 5+
**Space:** Open area
**Materials needed:** None

**Procedure:**
The leader asks for one volunteer to stand in the center of the playing area. The leader then calls out an emotion, state of being, or concept [such as rage, exuberance, tyranny, etc.]. The volunteer is to physicalize the emotion or concept in a frozen pose. One by one the rest of the players find a place themselves in the picture. After the entire group is involved, the leader can replace various players one at a time so each can get a better sense of what they created.

**Possible side coaching:**
“How might you connect with what someone else is doing?”
“Think about the different contexts in which people feel this emotion.”

**Variations:**
Ask the group to animate their statue for 5 counts and discuss.

**Processing points:**
- What words would you use to describe our statue?
- What story did you see unfolding?
- What kinds of real life situations might this echo?

**Possible learning areas:**
Non-verbal communication, social awareness, empathy.

**AKA:** Emotion statues

**Source:** Meredith Alexander