



## MINEFIELD

**Number of players:** 8+

**Space:** Room for a square

**Materials needed:** Various objects [erasers, boxes, rulers, crumpled paper, etc.]; blindfold

**Procedure:**

Ask students to litter a square playing area [10' x 10' or so] with various objects that will be mines [erasers, boxes, rulers, crumpled paper, etc.]. After the materials are placed, have students sit around the borders of your playing space. Choose a student to be blindfolded. This student will try to get through the minefield with the help of a volunteer navigator. If the person going through the minefield touches one of the mines, they explode. The fate of the blindfolded student depends on clear directions & careful listening.

**Possible side coaching:**

- "Give precise directions—how many inches do they need to move?"
- "Listen carefully and only do what your navigator tells you."

**Processing points:**

- What did the navigator do to make the journey as safe a possible?
- What could have helped them avoid disaster?
- Why do you suppose some people say life is like a minefield??

**Possible learning areas:**

Trust, concentration, cooperation, sensory perception