



THREE CHANGES

Number of players: 8+

Space: Enough room to make two single-file lines

Materials needed: None

Procedure:

Full group counts off into two lines, line A and line B. All players take a full minute to observe the person they are facing, noting dress, hair, accessories, and so on. Partners then turn backs on each other and each makes three changes in personal appearance: they part hair, untie a shoe lace, switch watch to other arm, etc. After a minute, partners face each other and each tries to identify what changes the other has made. Have line A step down so that each person is facing a new partner. Ask the person on the end of line A to move to the front of the line. Repeat as above. Game may continue three or four more rounds, or until the first person in line A has returned to his original partner. Discuss.

Tips for playing:

- Tell students once a change is made it may not be altered. Encourage students to “think out of the box” and find new ways to make changes.
- After each round, have students raise their hands if they were able to guess all three changes.
- Students must stay appropriately covered, but encourage creativity. Shoes may become hats and belts can be headbands. Have fun!
- In your final discussion have students question why their first changes might have been small and safe. Encourage students to make BIG choices all the time. We take risks together during drama activities.

Extend the lesson:

- Math: Have students figure out how many changes they each made during the game. What is the mathematical equation needed to answer this question? How many changes did the entire class make during the game?
- Language Arts: Connect this activity to a character from a book. Has this character made BIG choices or small, safe choices? Have students write about a time when they had to make a BIG choice.

Possible learning areas:

Observation skills, taking risks

Source: Viola Spolin