



## **NAME + ADJECTIVE + MOVEMENT**

**Number of players:** Any

**Space:** Room for a circle

**Materials needed:** None

**Procedure:**

Everyone stands in a circle. Have players introduce themselves to the group by saying their names plus an adjective that describes them that starts with the same first letter as their name (i.e. Terrific Todd, Analytical Amy, etc.) along with a movement. The group copies each name, adjective, and movement. Continue until everyone is introduced.

**Possible side coaching:**

“Think about an adjective that tells us something about you.”

“Share a movement that tells us more about you.”

**Variations:**

Player 1 does his/her name + adjective + movement, Player 2 does his/her own plus Player 1’s, etc. Players may help each other if stuck.

**Processing points:**

- What did you learn about members of our group?
- What does it take to do an activity such as this?
- What does it take to do drama together?

**Possible learning areas:**

Self-expression, ensemble-building, willingness to risk

**Source:** Rod Caspers