



## STORY OF YOUR NAME

**Number of players:** Variable

**Space:** Any

**Materials needed:** None

**Procedure:**

Ask each participant to share the story of his or her name. They can choose to tell the story of their first name, last name, or a nickname. Depending on the context or class, you can even encourage them to invent a story about their name. [This takes the pressure off people who do not wish to share or feel as if they do not have a story to tell.] Set a time limit of one minute if needed. The teacher should model the process by going first. Let each speaker pick the next speaker.

**Variations:**

This activity can be used with historical and/or literary characters. Distribute roles or role cards and ask the students to tell the story of their character's name and background.

**Processing points:**

- How easy was it to decide what to tell?
- What is the value of learning these kinds of non-school related things?
- What did you learn about our group in general? How might that help us work together this year?

**Possible learning areas:**

Storytelling, personal history, communication, naming.

**AKA:** Who are you?

**Source:** Training to Imagine by Kat Koppett